

Client Engagement Agreement

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Date: _____

Agreement with: _____

Our Relationship

You are meeting with me as your spiritual companion because you want to examine your spiritual life. On the reverse, Guidelines for Ethical Conduct explains my role in a general way. Although I believe it is appropriate at times to discuss psychological and relational difficulties in the context of spiritual direction, I am not a psychotherapist, nor do I provide such services. Similarly, you recognize that spiritual direction is not financial advice and any decisions and actions you may take in that regard are done without my advice or recommendation, and are purely your responsibility.

Confidentiality

I will hold our conversations in strict confidence. Our time together is sacred. I will not reveal the content of our conversations unless I am required to do so by law or court order. On the other hand, you are free to share whatever you choose about our conversations with anyone.

Fees

\$75.00 per one-hour session.

Time of Sessions and Changes

We commit to begin and end our sessions on time. If you wish to change your appointment, you will let me know at least 24 hours in advance by emailing me and calling me as well. Our appointment is time set apart for you alone. I will not call or send you reminders for the sessions. Although we agree to a monthly one-hour session, you may desire to meet more frequently or for a longer session periodically, and that is fine, as long as we schedule in advance. If you would like to share a success or a problem with me in between sessions, you may contact me via e-mail, or leave me a voice mail message. Please sign and return a copy of this agreement.

Date: _____

Signature of client _____ Date: _____

Ethics & Confidentiality

As an ordained minister, I'm required by law to report any and all suspected child, dependent adult or elder abuse. Under Minnesota law, I must notify authorities *immediately* if I suspect abuse. If a directee is threatening serious bodily harm to another person or persons, I must notify the police and the intended victim. If a directee is in danger of suicide, I will make every effort to get them to safety.

Supervision

As a spiritual director, I'm required to work periodically with an experienced spiritual direction supervisor who helps me become a better spiritual director. As a general practice in supervision, no names or specific identifying characteristics are shared. I may share some general content from a session so I can learn what happened and grow as a spiritual director.

These sessions are confidential—kept between my supervisor and me.

As a directee, you would not be bound by any code of confidentiality. You are free to share anything from our sessions with another person. If you have questions, please call or email me.